

March 2021 - Issue 103

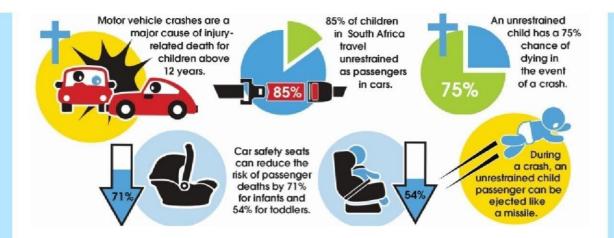
Child Passenger Safety This Easter Holiday!

We are all looking forward to a safe Easter Holiday. The risk of injuries occurring rises considerably during holiday periods. Holiday times are happy times, but we have to remain vigilant to the hazards that can be found on the road, at the sea, holiday resorts, or wherever you might be spending your Easter Holiday.

Many people tend to regard the safety of children in motor vehicles as minor, but this should not the case. Parents and caregivers should not allow their children to travel in vehicles this Easter Holiday without being strapped in a child restraint or seatbelt. ChildSafe would like to stress the importance of buckling-up children for every journey, not just long holiday journeys.

To help ensure your children stay safe this Easter Holiday, here are a few things to remember.

What We Know

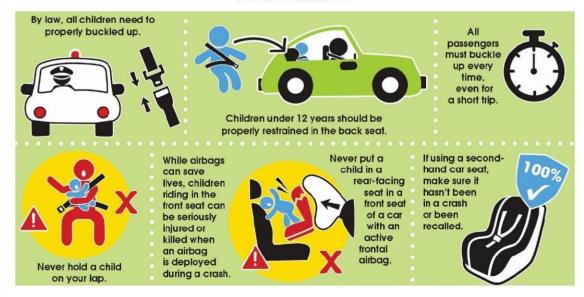


Set A Good Example

- Make sure you always buckle up your children and yourself, for short as well as long distances.
- Children are good imitators and therefore, set a good example by buckling up, every time.



Remember





Seats

- Safety in the car goes beyond your little ones.
- Kids who have outgrown a forwardfacing car seats are not always ready for a seat belt or front seat yet. They are safest in a booster seat that enables the adult seat belt to fit properly.
- Even when children have graduated from booster seats, they should remain in the back seat (firmly buckled up) until they reach the age of 12 or the height of 150cm.

Second - Hand Car Seats

- If using a second-hand car seat, make sure that it is still structurally sound.
- Should you have an old car seat you wish to donate, please contact <u>Wheel</u> Well.



Choosing A Car Seat

- Use an approved child restraint and always refer to the manufacturer's instructions.
- Vehicles are not a child-friendly zone, you have to make them so with car seats.
- Keep your child in the correct car seat for as long as possible. It is also dangerous to keep your child in a car seat that they have outgrown.
- A child outgrows their car seat when they have reached the upper weight, height or age limit of the seat.





Fitting A Car Seat

- Always read the instruction booklet carefully when installing the child car restraint.
- Keep the instructions with the child car restraint in the pouch provided in case you need to refit the restraint or adjust the harnessing.
- Incorrect installation can lead to increased risk of injury and increased severity of injury.

In case of an emergency, call 10177 or 112



Keep yourself and your children safe on the road this Easter holiday!

Donate

- ChildSafe is a registered MySchool MyVillage MyPlanet beneficiary.
- Please add us as a beneficiary on your card.



 You can make a once of or recurring donation to us via Snap Scan.



About ChildSafe

ChildSafe, an injury prevention unit based at the Red Cross War Memorial Children's Hospital is a non-profit organization that aims to reduce and prevent injuries of children through research, education and recommendations to legislation. We work with other non-profits, government, corporates and communities to achieve this. Our core focus though is the prevention of unintentional injuries that are usually regarded as accidents, such as, burns, falls, drowning, road traffic crashes, choking and poisoning.

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