



MEDICINE SAFETY

Store Medicine Safely

- Put all medicine up and away, out of children's reach and sight.
- Put medicine away after use, even if you need to give another dose in a few hours.
- Keep purses, hand bags and coats out of the reach of children, as they may contain medicine.

Give Medicine Safely

- Use only a dosing device when giving medicine and not a kitchen spoon.
- Read medicine labels and follow instructions carefully.
- When other caregivers are giving your child medicine, write clear instructions

24/7 Poisons Information Helpline **0861 555 777**

KEEP CLEANERS & OTHER CHEMICALS OUT OF REACH



- **Store all household products out of children's sight and reach.** Young children are often eye-level with items under the kitchen and bathroom sinks. Bleach, dishwasher liquid or cleaning solutions that are kept there should be moved to a new storage place.
- **Install child safety locks on cabinets where you have stored poisonous items.** It only takes a few minutes, and it gives you one less thing to worry about.
- **Read product labels to find out what can be poisonous to children.** Dangerous household items include perfumes, personal care products, cleaning products, pesticides and alcohol, and potentially dangerous poisons in the home are lead and carbon monoxide.
- **Don't leave poisonous products unattended while in use.** Many incidents happen when adults are distracted for a moment on the phone or at the door.
- **Keep cleaning products in their original containers.** Never put a potentially poisonous product in something other than its original container (such as a cooldrink bottle) where it could be mistaken for something else.
- **Never throw old medicines away in the dustbin** – they can be returned to the pharmacy for safe disposal. Some pesticides can be taken to the local municipality dump. Check your garage and other storage areas for cleaning and work supplies you no longer need and can discard.

For more information visit www.childsafe.org.za